



Lunch Menu Monday 2 to Sunday 8 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Butternut squash & coconut	Courgette & lemongrass	Carrot & pearl barley	Leek & potato	Curried lentil	Rosemary sweet potato	Broccoli
Mains kitchen	Zesty lentil prawn & haddock pilau	Beef lasagne	Roast pork with crackling & apple sauce	Coq au vin	Battered cod with grilled lemon & tartar sauce	Brazilian chicken empadinhas	Spicy pepperoni flat bread pizza, mozzarella, cheddar & Parmesan
Vegetarian	Piri piri grilled halloumi, grilled vegetables	Bvegan BBQ burrito	Crocque madame, miso bechamel, spiced fried egg	Aubergine & veggie chilli	Tandoori chickpea, naan, pickled red onion & cucumber, coconut yoghurt	BBQ jackfruit, raisin, coconut & coriander slaw, whole wheat wrap	Cheesy flat bread pizza, mozzarella, cheddar & parmesan, herby flat mushrooms
Street counter	Fried chicken, sriracha sour cream mayo	Hawaiian-style hot & sour huli huli chicken, crispy plantain	Korean sticky cauliflower	Pea, broccoli & paneer fritters, spicy mango relish	Tofu & vegetable kebab with couscous & roasted squash		
Powering performance		Lemon & cumin turkey steak, mango & miso dressed vegetables			Salmon fishcakes, hollandaise sauce or piperade salsa		
Sides	Sweet potato fries	Garlic & sage potatoes	Roast potatoes, roasted root veg	Warm crusty bread	Chips	Black bean stew	Parmesan polenta cubes
	Apple slaw, toasted seeds	Roasted Mediterranean vegetables	Steamed kale & mangetout	Wild rice	Mushy peas	Sweet potato salad	Balsamic rocket & parmesan salad or caponata vegetables
	Wok tossed spring greens	Parmesan & garlic focaccia	Broccoli & roast red pepper	French beans	Peas & sweetcorn		
Jacket potato bar	Jacket potato, turkey masala, baked beans, grated cheese	Jacket potato, mustard chicken, baked beans, grated cheese	Jacket potato, chunky veggie chilli, baked beans, grated cheese	Jacket potato, shawarma spiced lamb, baked beans, grated cheese	Jacket potato, butternut tagine, baked beans, grated cheese		
Pasta bar	Penne, ratatouille or cheese & chive sauce	Fusilli, balsamic roast tomato or truffle & three cheese sauce	Tagliatelle, chorizo carbonara or spinach, mascarpone & parmesan sauce	Conchiglie, puttanesca sauce or creamy basil pesto	Macaroni, creamy mushroom or tomato & olive sauce		
Desserts	Lemon drizzle cake, honey yoghurt	Strawberry Bakewell tart	Toffee apple crumble	Blueberry & orange swiss roll, maple Greek yoghurt	Chocolate brownie	Tarte tatin	Black Forest tart



Supper Menu Monday 2 to Sunday 8 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Tomato & basil	Butternut squash & coconut	French onion	Sweetcorn chowder	Mushroom	Leek, pea & spinach	Spring vegetable broth
Mains kitchen	Pork kleftiko	Lemon & caper grilled chicken, caprese salad	Three-cheese mac, crispy shallots, crispy smoked bacon, brisket beef	Spaghetti bolognese	BBQ charred pork belly, stir fried greens	Selection of tortilla wraps, crispy chicken strips, baked salmon, herb falafel, crunchy salads & dips	Chipotle chicken quarters
Vegetarian	Onion bhaji burger, mango yoghurt, crunchy lettuce, crispy shallots, red pepper coulis	Mushroom stroganoff, parsley wild rice		Veggie lasagne	Shredded hoisin jackfruit		Chipotle marinated tofu, herby five-bean salad, corn salsa
Street counter	Salt beef bagels, crunchy gherkin, mustard mayo,	Kale, quinoa, roasted squash pilau, sticky tempeh, spicy green		Chilli chicken burrito with tomato salsa	Stir fried turkey with Asian vegetables & noodles		Beef yakitori skewers, sliced scallion & ginger
Powering performance						Roasted pollock fillet, red chicory & orange salad, Dijon dressing	
Sides	Baked bell peppers & potatoes	Garlic dough balls	BBQ beans	Warm potato salad	Spiced sautéed potatoes	Sweet potato fries	Corn bread
	Green beans		Parmesan rocket salad	Garden salad	Coriander vegetable noodles	Roast tenderstem broccoli, spicy pumpkin seeds	Sugar snap peas
Desserts	Spiced orange cake with pomegrate molasses frosting	Waffles or pancakes with banana & salted caramel sauce	Dark chocolate & cherry bars	Tiramisu	Passion fruit posset, vanilla shortbread	Chocolate brownie	Crepes with toppings