



## Lunch Menu Monday 21 to Thursday 24 March

|                             | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  |
|-----------------------------|---|---|--|---|
| <b>Soup</b>                 | Butternut squash & coconut  | Roasted vegetable   | Carrot & pearl barley  | Leek & potato   |
| <b>Mains kitchen</b>        | Hake kedgeree   | Spaghetti bolognese   | Roasted chicken thigh with sage & onions                     | Roast pork with crackling & apple sauce                         |
| <b>Vegetarian</b>           | Vegan BBQ burrito   | Leek, chive & wild mushroom frittata                                    | Cheese, tomato & basil quiche                                | Quorn, vegetable & lentil stew                                  |
| <b>Street counter</b>       | Tofu & vegetable kebab with couscous & roasted squash                         | Stir fried turkey with Asian vegetables & noodles                       | Korean sticky cauliflower                                    | Chipotle chicken wrap with guacamole & sour cream               |
| <b>Powering performance</b> |   | Chicken cacciatore  |  |   |
| <b>Sides</b>                | Roasted new potatoes  |   | Fondant potato   | Roast potatoes  |
|                             | Barley, mushroom & lentil salad   | Peas  | Kale   | Roasted root vegetables   |
|                             | Baby spinach  | Parmesan & garlic focaccia  | Sautéed leeks & broccoli                                     | French beans  |
| <b>Jacket potato bar</b>    | Jacket potato, baked beans, grated cheese                                     | Jacket potato, baked beans, grated cheese                               | Jacket potato, baked beans, grated cheese                    | Jacket potato, baked beans, grated cheese                       |
| <b>Pasta bar</b>            | Penne, ratatouille or creamy mushroom sauce with cheese, olives, garlic bread | Fusilli, cauliflower cheese & chive sauce, cheese, olives, garlic bread | Tagliatelle, chunky veg chilli, cheese, olives, garlic bread | Conchiglie, BBQ sausage casserole, cheese, olives, garlic bread |
| <b>Desserts</b>             | Apple & cherry pie  | Strawberry Bakewell   | Toffee apple crumble   | Bread & butter  |



## Supper Menu Monday 21 to Thursday 24 March

|                             | MONDAY                                      | TUESDAY   | WEDNESDAY                                | THURSDAY                                   |
|-----------------------------|---|---|--|--|
| <b>Soup</b>                 | Tomato                                      | Sweet potato                                    | French onion                             | Sweetcorn chowder                          |
| <b>Mains kitchen</b>        | BBQ chicken with mustard potatoes           | Baked pangasius fillet on tomato & pea stew     | Beef lasagne                             | BBQ pork belly with spicy sautéed potatoes |
| <b>Vegetarian</b>           | Spinach, butternut squash & chickpea tagine | Cheese tortellini with cherry tomatoes & olives | Shredded Hoisin jackfruit                | Paneer kathi rolls with sambol             |
| <b>Street counter</b>       | Spicy lamb & thyme Cornish pasty            | Vietnamese clay pot pork with brown rice        | Chilli chicken burrito with tomato salsa | Chicken kathi rolls with sambol            |
| <b>Powering performance</b> |   |   |  | Turkey & lentil tikka masala               |
| <b>Sides</b>                | Couscous                                    | Fine green beans                                | Potato wedges                            | Sautéed cabbage                            |
|                             | Charred corn & spinach                      | Broccoli  | Coleslaw                                 | Roast carrots                              |
| <b>Desserts</b>             | Marble cake                                 | Apple & cherry pie                              | Strawberry Bakewell tart                 | Toffee apple crumble                       |