



Lunch Menu Monday 28 February to Sunday 6 March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Butternut squash & coconut	Roasted vegetable	Carrot & pearl barley	Leek & potato	Frugal lunch for the Cardinal Hume Centre	Cock-a-leekie	Broccoli
Mains kitchen	Hake kedgeree	Spaghetti bolognese	Roasted chicken thigh with sage & onions	Roast pork with crackling & apple sauce		Brazilian chicken empadinha	Nasi goreng
Vegetarian	Vegan BBQ burrito	Leek, chive & wild mushroom frittata	Cheese, tomato & basil quiche	Quorn, vegetable & lentil stew		Vegan caramelised mushroom pizza	No "foul" bouncing BBQ burger with potato wedges
Street counter	Tofu & vegetable kebab with couscous & roasted squash	Stir fried turkey with Asian vegetables & noodles	Korean sticky cauliflower	Chipotle chicken wrap with guacamole & sour cream			
Powering performance		Chicken cacciatore					
Sides	Roasted new potatoes		Fondant potato	Roast potatoes		Rice & beans	Stir fried vegetables
	Barley, mushroom & lentil salad	Peas	Kale	Roasted root vegetables		Brazilian potato salad	
	Baby spinach	Parmesan & garlic focaccia	Sautéed leeks & broccoli	French beans			
Jacket potato bar	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese		Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese
Pasta bar	Penne, ratatouille or creamy mushroom sauce with cheese, olives, garlic bread	Fusilli, cauliflower cheese & chive sauce, cheese, olives, garlic bread	Tagliatelle, chunky veg chilli, cheese, olives, garlic bread	Conchiglie, BBQ sausage casserole, cheese, olives, garlic bread		Pasta bar, Parmesan cheese, olives, garlic bread	Pasta bar, Parmesan cheese, olives, garlic bread
Desserts	Apple & cherry pie	Strawberry Bakewell tart	Toffee apple crumble	Bread & butter pudding		Plum sponge	Marmalade sponge



Supper Menu Monday 28 February to Sunday 6 March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Tomato	Sweet potato	French onion	Sweetcorn chowder	Mushroom	Tomato & basil	Winter vegetable
Mains kitchen	BBQ chicken with mustard potatoes	Baked pangasius fillet on tomato & pea stew	Beef lasagne	BBQ pork belly with spicy sautéed potatoes	Fish and chips	Make-your-own deli	Spicy chilli beef with noodles
Vegetarian	Spinach, butternut squash & chickpea tagine	Cheese tortellini with cherry tomatoes & olives	Shredded Hoisin jackfruit	Paneer kathi rolls with sambol	Quorn, leek and potato pie		Spanish Quorn casserole
Street counter	Spicy lamb & thyme Cornish pasty	Vietnamese clay pot pork with brown rice	Chilli chicken burrito with tomato salsa	Chicken kathi rolls with sambol	Chunky beef & bean chilli with braised rice		
Powering performance				Turkey & lentil tikka masala			
Sides	Couscous	Fine green beans	Potato wedges	Sautéed cabbage	Peas		Assorted dim sum with rice
	Charred corn & spinach	Broccoli	Coleslaw	Roast carrots	Cauliflower		Peas & corn
Desserts	Marble cake	Apple & cherry pie	Strawberry Bakewell tart	Toffee apple crumble	Apple strudel cake	Chocolate brownie	Ice cream