

## Lunch Menu Monday 31 October to Sunday 6 November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup</b>	Thai noodle	Leek & potato	Classic tomato	Roasted red pepper	Carrot & coriander	Boston bean	<b>Brunch</b>  Scrambled eggs Seasoned avocado Bacon  Cumberland sausages Potato waffles Baked beans  Fried eggs on chilli cheese toast  Selection of pastries Bagels & muffins Yoghurt & fruit Hot chocolate with cream
<b>Main courses</b>	Chicken katsu curry with spring onions & chilli	Grilled pork cutlet with caramelised onions & apples	Roast with all the trimmings	Mexican beef taco with spring onions, chilli & beans	Freshly battered fish with tartar sauce	Beefy bolognaise pasta with Parmesan	
	Ham hock mac 'n' smoked cheese & bacon	Quorn shepherd's pie with sweet potato top & winter herbs	Roasted butternut & feta filo pie	Jerk spiced turkey burger in a toasted bun with guacamole	Grilled fish of the day with salsa verde	Cauliflower mac 'n' cheese with seeded pesto crumb	
<b>Global kitchen</b>	Aubergine katsu curry with spring onions & chilli	Moroccan beef with charred lemons & garlic	Plant based shawarma with coconut dressing	Sweetcorn & jalapeno fritters with avocado, tomato & lime salsa	Open mushroom & tofu burger	Battered nori tempeh with garlic aioli & lime wedges	
<b>Pasta &amp; jacket potatoes</b>	Chunky beef bolognaise Beans & cheese	Tomato & basil Beans & cheese	Penne pasta arrabiata	Chilli chicken Cheesy leeks	Crispy jackets with fillings and toppings	Beef chilli Beans & cheese	
<b>Sides</b>	Steamed rice Asian slaw Chef's salad	Fattoush salad Couscous salad Pitta shards Sweetcorn	Roast potatoes Roast root vegetables Broccoli Carrots Gravy	Dirty rice Tomato salsa Mexican corn	Chunky chips Peas Baked beans	Chef's salad Garlic bread Baked wedges	
<b>Desserts</b>	Tiramisu Potted desserts	Apple & ginger cake Potted desserts	Crumble of day with custard Potted desserts	Rice pudding with cherries & salted caramel Potted desserts	Brownie slice Potted desserts	Doughnut selection Potted desserts	



## Supper Menu Monday 31 October to Sunday 6 November

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup</b>	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>Main course</b>	Jumbo fish fingers with tomato salsa, wraps & roasted sweetcorn	Chicken fajitas with onions and peppers	Selection of handmade sourdough pizzas with a variety of vegetarian & meat toppings	Sub roll bar with a choice of fillings:  Salami Tuna mayo Egg mayo Roasted vegetables	Slow cooked Caribbean spiced fish	Sticky BBQ ribs with chilli mayo & cheese	Chicken chow mein with noodles
<b>Vegetarian</b>	Crispy breaded tofu finger	Blackeye bean, mushroom & avocado fajitas		Tomato & basil Mozzarella Caesar dressing Ranch dressing Sweet chilli sauce	Sweet potato & black bean curry	Halloumi & vegetable kebabs	Quorn chow mein with egg noodles
<b>Sides</b>	Curly fries Peas Tartar sauce	Spanish rice Red cabbage slaw		Pasta with daily meat or vegetarian topping	Rice & peas Cajun wedges Mango salsa	Corn on the cob Slaw Roasted baby new potatoes Salad Onion rings	Prawn crackers Crispy cabbage Sweet chilli sauce
<b>Pasta bar</b>	Pasta with daily meat or vegetarian topping	Pasta with daily meat or vegetarian topping					
<b>Desserts</b>	Chocolate chip flapjack Potted desserts	Lotus biscuit & sultana rocky road Potted desserts	Sticky toffee pudding with caramel sauce Potted desserts	Rice crispy cake Potted desserts	Steamed vanilla sponge with jam sauce & custard Potted desserts	Mint chop chip cake Potted desserts	White chocolate & cranberry cookie Potted desserts