



Lunch Menu Monday 17 to Friday 21 January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Butternut squash & coconut	Roasted vegetable	Carrot & pearl barley	Leek & potato	Chunky minestrone
Mains kitchen	Thai green chicken curry with prawn crackers	Cumberland sausage toad in the hole with onion gravy	Black pepper crusted roast beef, Yorkshire pudding and gravy	Teriyaki chicken in a leek & pepper stir fry	Battered hake, grilled lemon & tartar sauce
Vegetarian	Mature cheddar & spring onion quiche	Chunky vegetable & chickpea chilli	Lebanese quinoa with charred halloumi	Quorn stir fry with ginger	Jackfruit burger with avocado salad
Street counter	Seafood & vegetable paella	Tangy Caribbean pork with sweet potato, slaw & corn	Turkey & mozzarella saltimbocca	Malaysian coconut pollock with sticky rice	Turkey burger in soft bap
Sides	Jasmine rice	Colcannon mash	Roast potatoes	Egg noodles	Chips
	Mangetout & carrots	Braised red cabbage	Roasted carrots	Chinese leaf	Petit pois
	Roasted broccoli	Sweetcorn	Fine green beans	Pak choi	Mushy peas
Jacket potato bar	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese
Pasta bar	Penne, ratatouille or creamy mushroom sauce with cheese, olives, garlic bread	Fusilli, cauliflower cheese & chive sauce, cheese, olives, garlic bread	Tagliatelle, chunky veg chilli, cheese, olives, garlic bread	Conchiglie, BBQ sausage casserole, cheese, olives, garlic bread	Macaroni, goats cheese & watercress sauce, cheese, olives, garlic bread
Desserts	Cherry & apple crumble	Poppy seed & lemon drizzle loaf	Baked banana sponge	Chocolate pear & ginger crumble	Toffee apple sponge



Lunch Menu Monday 24 to Friday 28 January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Butternut squash & coconut	Roasted vegetable	Carrot & pearl barley	Leek & potato	Chunky minestrone
Mains kitchen	Hake kedgeree	Spaghetti bolognese	Roasted chicken thigh with sage & onions	Welsh beef faggots	Battered cod with grilled lemon & tartar sauce
Vegetarian	Vegan BBQ burrito	Leek, chive & wild mushroom frittata	Cheese, tomato & basil quiche	Quorn, vegetable & lentil stew	Phat cheesy pasty
Street counter	Tofu & vegetable kebab with couscous & roasted squash	Stir fried turkey with Asian vegetables & noodles	Singapore devilled pork curry with rice	Chipotle chicken wrap with guacamole & sour cream	Cajun grilled gammon
Sides	Roasted new potatoes		Fondant potato	Mashed potato	Chips
	Barley, mushroom & lentil salad	Peas	Kale	Roasted root veg	Mushy peas
	Baby spinach	Parmesan & garlic foccacia	Sautéed leeks & Broccoli	Spinach	Peas & sweetcorn
Jacket potato bar	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese	Jacket potato, baked beans, grated cheese
Pasta bar	Penne, ratatouille or creamy mushroom sauce with cheese, olives, garlic bread	Fusilli, cauliflower cheese & chive sauce, cheese, olives, garlic bread	Tagliatelle, chunky veg chilli, cheese, olives, garlic bread	Conchiglie, BBQ sausage casserole, cheese, olives, garlic bread	Macaroni, goats cheese & watercress sauce, cheese, olives, garlic bread
Desserts	Scones, jam & cream	Strawberry Bakewell tart	Toffee apple crumble	Apple streusel cake	Chilli chocolate brownie