

Lunch menu Monday 20 to Sunday 26 February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Lenten frugal lunch Soups: Leek & potato Cream of tomato Sweetcorn and ginger Curried parsnip Served with a selection of breads Fruit	Soup of the day	Soup of the day
Main courses	Korean style BBQ beef	Chicken burritos with guacamole	Pork & chorizo paella	Chicken in black bean sauce with green peppers		Sticky smoky BBQ chicken thighs	Roasted gammon Lentil & mushroom roast
	Thai-style vegetable & chickpea curry	Fried bean & vegetable quesadilla with salsa	Curry-spiced falafels with grilled pitta & tzatziki	Sweet & sour vegetable stir fry		Char-grilled field mushroom & halloumi burger with salasa	Yorkshire puddings Roast potatoes
Sides	Sticky rice Wok fried vegetables Steamed broccoli	Dirty rice Crushed roots Steamed broccoli	Patatas bravas Creamy peas Mediterranean vegetables	Wok fried vegetables Steamed noodles with bean sprouts		Harissa & mint tabbouleh Sesame carrots Steamed leeks	Roasted carrots Steamed cabbage
Pasta & jacket potatoes	Grated Cheddar Baked beans Fresh tomato & herb sauce	Mushroom carbonara	Grated Cheddar Baked beans Fresh tomato & herb sauce	Chunky five bean & tomato sauce		Grated Cheddar Baked beans Fresh tomato & herb sauce	Gravy
	Roast aubergine curry	Grated Cheddar Baked beans Fresh tomato & herb sauce	Creamy squash & basil sauce	Grated Cheddar Baked beans Fresh tomato & herb sauce		Beef ragu	
Hot dessert	Chocolate pudding with chocolate custard	Build your own pancakes with compotes & sauces	Lemon crumble cake with lemon curd	Maple syrup flavoured sponge cake		Carrot cake	Apple & banana oat crumble with oat custard
Cold dessert	Mixed pots	Mixed pots	Mixed pots	Mixed pots		Mixed pots	
Cut fruit	Watermelon	Pineapple	Honeydew melon	Galia melon		Red & green grapes	

