

Lunch menu Monday 20 to Sunday 26 February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Lenten frugal lunch	Soup of the day	Soup of the day
	Korean style BBQ	Chicken burritos	Pork & chorizo	Chicken in black		Sticky smoky BBQ	Roasted gammon
	beef	with guacamole	paella	bean sauce with	Soups:	chicken thighs	
				green peppers	Leek & potato		Lentil & mushroom
					Cream of tomato		roast
Main courses					Sweetcorn and		
	Thai-style vegetable	Fried bean &	Curry-spiced	Sweet & sour	ginger	Char-grilled field	Yorkshire puddings
	& chickpea curry	vegetable	falafels with grilled	vegetable stir fry	Curried parsnip	mushroom &	
		quesadilla with	pitta & tzatziki			halloumi burger	Roast potatoes
		salsa			Served with a	with salasa	
Sides	Sticky rice	Dirty rice	Patatas bravas	Wok fried	selection of breads	Harissa & mint	Roasted carrots
	Wok fried	Crushed roots	Creamy peas	vegetables		tabbouleh	
	vegetables	Steamed broccoli	Mediterranean	Steamed noodles	Fruit	Sesame carrots	Steamed cabbage
	Steamed broccoli		vegetables	with bean sprouts		Steamed leeks	
	Grated Cheddar	Mushroom	Grated Cheddar	Chunky five bean &		Grated Cheddar	Gravy
	Baked beans	carbonara	Baked beans	tomato sauce		Baked beans	
	Fresh tomato &		Fresh tomato &			Fresh tomato &	
Pasta & jacket	herb sauce		herb sauce			herb sauce	
potatoes	Roast aubergine	Grated Cheddar	Creamy squash &	Grated Cheddar		Beef ragu	
	curry	Baked beans	basil sauce	Baked beans			
		Fresh tomato &		Fresh tomato &			
		herb sauce		herb sauce			
Hot dessert	Chocolate pudding	Build your own	Lemon crumble	Maple syrup		Carrot cake	Apple & banana oat
	with chocolate	pancakes with	cake with lemon	flavoured sponge			crumble with oat
	custard	compotes & sauces	curd	cake			custard
Cold dessert	Mixed pots	Mixed pots	Mixed pots	Mixed pots		Mixed pots	
Cut fruit	Watermelon	Pineapple	Honeydew melon	Galia melon		Red & green grapes	



Supper menu Monday 20 to Sunday 26 February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
Main courses	Noodle Bar	Nachos Night	Burger bar	Wings & things	Pizza Night	Indian	Build your own'				
							deli bar				
	Pad Thai chicken	Chilli beef	Prime grilled beef	Smoky BBQ	Margarita	Chicken rogan josh					
			burger				Selection of baked				
	Teriyaki glazed	Quorn chilli		Soy lime & ginger	Mushroom &	Roasted sweet	rolls and breads				
	Quorn pieces		Vegan Quorn crispy		pineapple	potato & butternut					
		Tortillas	fillet	Salt & pepper		squash jalfrezi					
	Wok fried				Roasted vegetable		Choice of sandwich				
	vegetables	Sautéed potatoes	Sweet potato fries	Egg fried rice		Tarka dhal	fillings and salads				
		with spring onions			Three-cheese &						
	Hoisin peppers &	& cheese	Citrus mayo	Asian slaw	vegetable pasta	Steamed basmati					
	mushrooms		Sweet chilli		gratin	rice					
		Jalapenos	Gherkins								
	Prawn crackers	Shredded cheese	Tomatoes		Garlic bread	Naan bread					
		Guacamole	Sautéed onions		Boston beans						
	Vegetable spring	Chunky salsa	Mini corn on the		Potato wedges	Mango chutney					
	rolls	Crispy onions	cob		Rocket & Parmesan	Poppadoms					
					salad	Cucumber & mint					
						yogurt					
						Tomato &					
						coriander salad					
Dessert	Lemon curd &	Bread & butter	Plum clafoutis	Tennessee peach	Molva pudding	Sticky toffee &	Chocolate eclairs				
	raspberry sponge	pudding		pudding		apple pudding with					
						toffee sauce					
	Selection of fresh whole fruit, cut fruits, yoghurt & toppings										